



# Gerringong Public School Term 1 Week 6



Weekly Newsletter Term 1 Week 6

1st March 2021





Upcoming events	
2021	
Term 1, Week 6	
Tuesday 2nd March	'Meet The Teacher' afternoon
Friday 5th March	Paul Kelly Cup Clean up Australia Day
Term 1, Week 7	
Wednesday 10th March	Kiama High School Open Night Regional Swimming Carnival
Looking further ahead	
15th March	P and C Meeting
18th March	League Legends
22nd March	Cross Country
29th March	Cross Country (Back up)
31st March — 1st April	PSSA Swimming
1st April	<b>Last Day of Term 1</b>
19th April	<b>First Day of Term 2</b>
	Stage 3 Camp commences
14th May	Colour Run fundraiser

## Principal's Message

Welcome to a very busy Week 6! This week, we look forward to welcoming parents to our Meet the Teacher afternoon. Each classroom will be open for 1 parent per student to attend. Please make sure you bring your Visitor Acknowledgement Form that was sent home last week. Teachers will have spare copies in their classroom if it has been misplaced. It is important that you follow all instructions on the note and any given to you on the afternoon to ensure we are following our Covid-19 Safety Plan.

The school will also be participating in Clean Up Australia Day on Friday. A note was sent home with information regarding the areas that each class will attend. Please make sure your child brings in their permission note, gardening gloves and hat to participate.

### Class Dojo

Class Dojo is an effective form of communication between teachers and the parents/carers. The whole school adopted Class Dojo during Home Learning last year. It works best when all people are aware of why and how it is to be used effectively. Please see the expectations of Class Dojo as a communication tool below.

Teachers:

- communicate in a respectful and positive manner.
- Respond in a timely manner – this may take up to 24 hrs to respond with an expectation to respond between 8:30am – 3:30pm.
- send reminders for school events on Class Dojo.
- celebrate learning through photos and work samples.

Parents/Carers:

- communicate in a respectful and positive manner.
- engage in short, simple communication to the teacher. eg clarifying questions re notes or reminders for the classroom.
- call the office to request a phone call to discuss more complex communications eg if a student is having difficulty in a social situation or in the classroom.

### Stewart House Donations

Every year 1,700 public school children attend the Stewart House safe haven next to Curl Curl beach at no cost to their parents or carers. During a 12-day stay, they are provided with dental, optical, hearing, medical screening and treatment.

Children participate in educational programs and excursions designed to develop their social and emotional skills, build self-esteem and improve their overall wellbeing.

This experience provides children with a much-needed break from their current circumstance. Our children are inspired to see beyond the present and to have real hope and positive aspirations for their future.

This year, Stewart House are having a Donation Drive to raise the funds to keep this program running. An envelope was sent home for a \$2 donation. If you are able to donate, please send the envelope back to school by Friday, 19th March. All donations will be sent to Stewart House before the end of the term.

### Kiss and Drop Zone

In an effort to make the Kiss and Drop zone a safe and well functioning pick up and drop off point, we need parents to use the zone as a continuous line of traffic. You can assist in the following ways;

- drive to the front of the zone for pick up
- follow the car in front to leave the zone to avoid accidents and confusion
- stay with your vehicle, request assistance from a teacher on duty if you cannot find your child
- students need to exit and enter the car from the kerb side
- remind other carers, including grandparents of the rules

Thanks you for your assistance in this area.

### [Professional Learning – supporting our students and families](#)

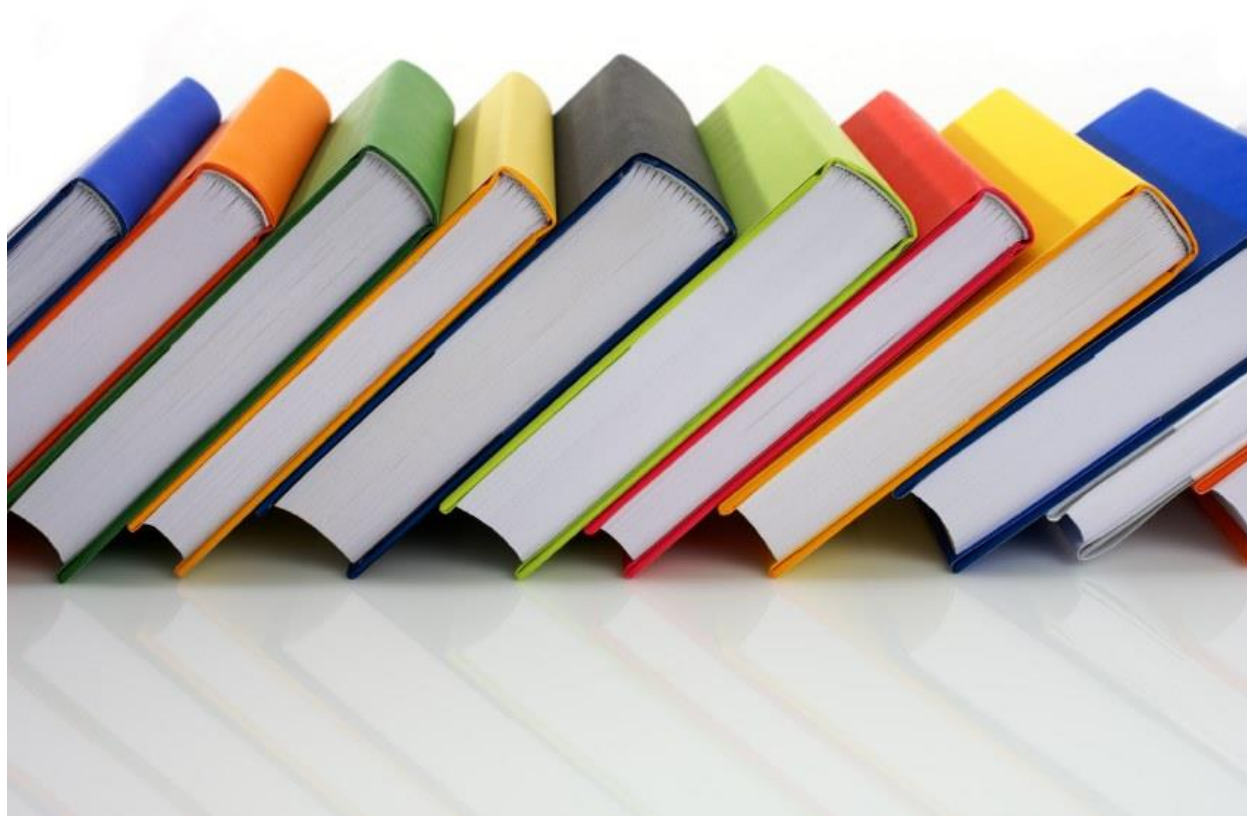
Our staff are lifelong learners and are always looking for ways to support their teaching practice. Last week, Mrs Lea and Mrs McGarn participated in professional learning to help identify students experiencing difficulty in reading and writing and to provide appropriate targeted interventions for these students. This week our Assistant Principals will participate in professional learning in supporting students and families that have experienced significant trauma. A strong focus on wrap around support for student wellbeing is a priority at Gerringong Public School.

Have a great week!

Lisa Morris

Relieving Principal

## LIBRARY NEWS



### Book Covering

Another THANK YOU to our amazing volunteers for continuing to assist with preparing our new reading resources for our students. Renee, Elle, Peta, Nat, Tracey, Lauren, Bron, Fiona, Nicolette, Sarah, Mel, Anita, Nicole, Belinda, Melinda, Mrs Black and the many grandparents who have also taken packs of books, we really appreciate your help!

The library will be open tomorrow during our parent information sessions, so if you would like to help out, call into the library and take home a small pack (10 books).

### Premiers Reading Challenge

Today, the 1st of March, marks the official commencement of the 2021 Premier's Reading Challenge. The Premier's Reading Challenge (PRC) is a state-wide program that aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely.

This year, there is a slight change to the organisation of the PRC at Gerringong Public School. Our K-2 classes will complete their PRC during their library lessons and their reading records will be updated at school by the Teacher Librarian. Our K-2 students will still be encouraged to borrow books from the K-2 PRC list and share these stories with their families to continue to foster a love of reading through quality literature.

Our 3-6 classes are required to read 20 books independently from the 3-4 and 5-6 PRC lists. Over the next few weeks, our primary students will be given explicit instruction showing them how to log their books electronically. They will also receive a paper copy of the reading log to track their reading for the challenge.

The challenge is open to students until Friday 20th August 2021, so we have plenty of time to read and record some great books.

Happy Reading,

Mrs Kate Cummins

## CANTEEN NEWS

GERRINGONG PUBLIC SCHOOL Canteen Menu																																															
<p>Online lunch orders only, please place your children's orders through <b>flexischools</b></p>																																															
<b>SANDWICHES</b> <i>Toasted add 50 cents</i> <table> <tr><td>Vegetable, Honey or Jam</td><td>\$2.00</td></tr> <tr><td>Cheese</td><td>\$2.00</td></tr> <tr><td>Cheese &amp; Tomato</td><td>\$2.50</td></tr> <tr><td>Roasted Beans</td><td>\$2.50</td></tr> <tr><td>Spaghetti</td><td>\$2.50</td></tr> <tr><td>Lean Ham</td><td>\$2.50</td></tr> <tr><td>Lean Ham &amp; Cheese</td><td>\$3.00</td></tr> <tr><td>Lean Ham, Cheese &amp; Tomato</td><td>\$3.50</td></tr> <tr><td>Lean Ham &amp; salad</td><td>\$4.00</td></tr> <tr><td>Egg, lettuce &amp; mayo (local produced eggs)</td><td>\$3.50</td></tr> <tr><td>Salad</td><td>\$3.50</td></tr> <tr><td>Wrap ADD</td><td>\$0.50</td></tr> <tr><td>Gluten Free ADD</td><td>\$1.00</td></tr> </table>	Vegetable, Honey or Jam	\$2.00	Cheese	\$2.00	Cheese & Tomato	\$2.50	Roasted Beans	\$2.50	Spaghetti	\$2.50	Lean Ham	\$2.50	Lean Ham & Cheese	\$3.00	Lean Ham, Cheese & Tomato	\$3.50	Lean Ham & salad	\$4.00	Egg, lettuce & mayo (local produced eggs)	\$3.50	Salad	\$3.50	Wrap ADD	\$0.50	Gluten Free ADD	\$1.00	<b>THURSDAY SPECIAL</b> <b>Pita Bread Pizzas</b> <table> <tr><td>Cheese</td><td>\$5.50</td></tr> <tr><td>Lean Ham &amp; Cheese</td><td>\$6.00</td></tr> <tr><td>Lean Ham, Cheese &amp; Pineapple</td><td>\$6.00</td></tr> </table> <b>Sushi Bowls</b> <table> <tr><td>Feriyaki Chicken</td><td>\$5.00</td></tr> <tr><td>Tuna</td><td>\$5.00</td></tr> </table>	Cheese	\$5.50	Lean Ham & Cheese	\$6.00	Lean Ham, Cheese & Pineapple	\$6.00	Feriyaki Chicken	\$5.00	Tuna	\$5.00										
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## OFFICE NEWS

*Please note that unfortunately the office can no longer accept EFTPOS payments over the **phone**. Online payments can be made via POP (Parent Online Payment) system on our website or cash can be placed in the locked box in the front office or EFTPOS at the front office.*

## SCHOOL NEWS

Last Monday Mrs Laird and I took 34 students to the Zone Swimming Carnival at Albion Park Swimming School. Gerringong PS had a very successful day with each competitor putting in a massive effort. It was

amazing to see their sportmanship and encouragement on a day that was rather different due to COVID restrictions and no parent spectators.

A special mention to Lucy D - 11 Years Girls Champion, Harper P - 11 Years Girls Runner Up and Harvey R - Senior Boys Champion.

To top off a fabulous day Gerringong was awarded CARNIVAL CHAMPIONS.

Gerringong now has 21 students attending the Regional Swimming Carnival next week at Dapto Swimming Pool.

We are all very proud of them.

Mrs Chapman























# STEP TO UP CLEAN - UP -

WHERE Gerringong Public School

DATE Friday 5th March TIME During school time

CONTACT Please return your permission notes to school asap and  
send your child with a pair of gloves on Friday!

REGISTER or DONATE  
[cleanup.org.au](http://cleanup.org.au)

Founding Partner



Partners



Media Partners



Suppliers



Printed on 100% recycled paper manufactured using renewable energy and chlorine recycling.

### Stage 3 Canberra Excursion- 2021



A 2-night/ 3-day excursion to Canberra is being planned for Stage 3 students in Term 2 to support their learning in History. The excursion will run from **Monday 19th April 2021 until Wednesday the 21st of April** with students and staff staying at the Canberra Park Resort for 2 nights.

The itinerary will include visits to the Museum of Australian

Democracy, National Electoral Education Centre, CSIRO Discovery Centre, The Mint, Canberra Zoo and National Museum of Australia among other sites.

#### [Note and payment schedule](#)

**Commitment to Attend/ Instalment 1- \$100 (due Feb 19)**

**Instalment 2- \$100 (due March 12)**

**Instalment 3- to be determined (Due April 1)**

Kind regards, Stage 3 teachers



CONGRATULATIONS WAVE WINNERS!



## Community News



***Disclaimer: Gerringong Public School advertises in this column as a service to parents. Gerringong Public School does not endorse or accept responsibility for the management or organisation of the advertised events or services. Please note: The community deadline is 12 noon on Friday. Items received after this time will not be published until the following week.***



## **Kiama High School Open Night 2021**

Wednesday 10th March 6:15pm - 8pm in the KHS quad

Be entertained, view Year 12 Major Works, ask questions, meet the Principal, Head Teacher Wellbeing and Class Teachers.

**Respect - Responsibility - Excellence**



surveymonkey.com/r/SCHOOLQ



**Complete the  
Back to School Road Rules Quiz  
and you could win a \$250 fuel card  
or 1 of 11 runner up prizes**



The school the major prize winner belongs to will also win a \$250 Officeworks gift card. Competition closes 14 March 2021.

[WANT TO WIN A \\$250 or \\$25 Fuel Gift Card?](https://www.surveymonkey.com/r/SCHOOLQ)

Take the Transport for NSW Back to School Road Rules Quiz to go in the draw.

Click on the link to get started: <https://www.surveymonkey.com/r/SCHOOLQ>

**This competition will close at midnight on 14th March 2021. Winners will be drawn within 7 days.**

# Habitus Father and Son Camp

Mar 27-28 at Kiama Public School



## What's it all about?

It is really important for every young boy to spend quality time with their Father or significant male mentor. The Habitus Father and Son Camp is a perfect opportunity for fathers and sons to connect and get away from the normal distractions and stresses of day-to-day life.

Held in our very own Kiama Public School, you will enjoy fun and adventure, whilst also participating in professionally facilitated activities. The program is specifically designed to create supportive connections between dads and kids and to help build stronger communities where fathers and male carers have the chance to become the best dads in the world for their children.

1

### LEARN

Parenting skills and increase knowledge in Child Development.

2

### CONNECT

With your child and with other parents to foster meaningful relationships.

3

### BUILD

A community of support that focuses on communication and wellbeing.



"My son and I had the most open and interesting conversation we have had in a very long time... By Sunday it was that I came home to a different boy... but what really happened is that we truly came home to a different dad!"



"I'm still buzzing from the weekend... I had the best weekend I've had in a very long time, even closer than one of the best I've had in my life!"



"I was so grateful to be a part of that weekend... But I was also very aware of the value to the other participants. You could see people change as the event progressed."



## What do you get?

The aim is help kids feel secure, connected to family, and valued in a way that has a direct and positive impact on their wellbeing. The program is designed by an expert in Educational Psychology, Emotional Intelligence and Adolescent Brain Development. The specific outcomes include:

- Parents increase child development skills and knowledge;
- Parents experience a strong emotional attachment to their child through fun activities;
- The program provides an opportunity for parents to connect with other parents in the context of child development and wellbeing;
- Parents learn and implement a number of key parenting strategies given in the program.

It's a really fun and engaging program that builds relationships between parents and kids, as well as helping to develop a strong community of parental support.

As your son approaches his teenage years it's crucial that you are able to communicate and understand what he needs at this stage in his life, and The Habitus Father and Son camp is the perfect way to do this.



Here's what one of the teachers who was there had to say:

**"In my 10 years of teaching, this was hands down the most important initiative I have ever been involved in... Inspirational!"**

The Overnight Camp costs \$250 for both of you, and includes food and professionally facilitated activities (BYO tent and sleeping gear). This event is open to boys in years 4, 5 & 6, but we also run father/daughter camps and parent/child camps as well.

For bookings, go to:  
<https://www.trybooking.com/BNHGGZ>  
 Call Monty on 0405271757 or  
 Send an email to [contact@habitus.org](mailto:contact@habitus.org)

## WHO IS HABITUS?

Habitus is a local Social enterprise and we use Anthropology, Emotional Intelligence and Educational Psychology to help you develop your social skills, confidence and adaptability through a range of fun activities including team building, problem solving, nature craft, drama, music, storytelling and manual arts.

Our mission is to build relationships, encourage healthy communication and strengthen communities. We redirect all profits we make back into the community to help us deliver cutting edge, research inspired, socially inclusive programs to public schools, marginalised communities and families in need.



## MOTHERS & SONS PROGRAM



**When:** Thursdays, Term 2  
29<sup>th</sup> April- 3rd June 2021, 4pm-6pm

**Where:** Illawarra Women's Health Centre  
2-10 Belfast Street, Warilla

**Call:** to register your interest with Denika  
Thomas on 4255 6800 or 0459 028 972

### A program supporting mothers to raise happy, respectful and connected boys aged 6-8 years old

#### What happens?

The program is run by a female and male facilitator over six weekly sessions, two hours in length. The first session is attended by the mothers only, while the five remaining have both mothers and their sons, sometimes working together and sometimes doing separate activities all aiming at providing information and tips on how to integrate information into the family's life.

The sessions explore the role of the mother and where parenting skills and ideas come from; emotion regulation; the importance of male role models in a son's life and what masculinity means today. As a group we focus on the developing of a strong, enduring and positive connections between mothers and sons and healthy relationships beyond the family sphere.

Mothers have been asking how they can connect, understand and support their son's development emotionally. How to parent a young boy as a mother and how to raise a respectful boy into a respectful man.

As there are no programs like this in Australia, we developed our own (called Mothers and Sons Program!). It is specifically designed for boys 6-8 years old, as research tells us this is the critical time to teach boys around emotional regulation and respectful behaviour.

#### Why a Mothers and Sons program?

*"After attending the  
program my son and I  
have been able to  
communicate better"*

*Mother of a 6yo son.*

*Please note this program is not a therapeutic behavioural change program. It is information sharing and support. Limited child minding will be offered.*



interested in Running or Walking Cross Country for Fun and Fitness or enjoy the challenge to achieve goals. ~ All ages ~ All abilities ~

The afternoon is **FREE** offering .....

Coaching tips, Sausage Sizzle and Lucky Draws, Distances from 1k to 8k. ~ Info: [victoryrunners.com.au](http://victoryrunners.com.au)

## Contact Us



Gerringong Public School

Address: 12 Archibald Rd Gerringong NSW 2534 Phone: 0242 341 376

email: [Gerringong-p.school@det.nsw.edu.au](mailto:Gerringong-p.school@det.nsw.edu.au)<sup>1</sup>

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<sup>1</sup><mailto:Gerringong-p.school@det.nsw.edu.au>



Visit us at our website: <https://gerringong-p.schools.nsw.gov.au/>